

Yoga Cultural Tour

A small group journey designed to combine yoga, cooking, Indian philosophy & sightseeing of spiritual sights throughout the mighty Indian Himalaya. Travel in comfort in private vehicles with our own local guide and Indian Yogi ...



The Journey

A unique spiritual journey for all with a sense of adventure, love of yoga and travel. The tour offers the chance to witness all the splendor and magic of the mighty Himalayas, while focusing on your mind, body and soul with daily yoga/meditation practice with an Indian Yogi..

Some of what you will experience.....

- Daily yoga and meditation with your own private Indian guru
- Mother Theresa's Tomb and Children's Orphanage in the City of Joy, Kolkata
- Indian tea plantations in Darjeeling & Kalimpong
- A traditional Tibetan Ashram and Tibetan Monks T
- Sailing down the Holy Mother Ganges River in Varanasi
- Indian Classical music and dance
- Ancient forts and palaces
- How to cook traditional vegetarian Indian food with Hindu women
- A Hindu "Arti Ceremony" on the Ganges River
- Market bazaars of Agra and the Taj Mahal at sunrise
- Old Delhi Spice Markets & New Delhi shopping

Tiwari Tours & Travel

Incredible India

Indian Himalaya



Itinerary:

Days 1/2 – Tour begins in the "City of Joy" Kolkata with a tour orientation meeting

Days 3/4 – Catch the overnight "Darjeeling Express" and wander in the tea plantations

Days 5/6 – Traverse the mountains to the quaint village of Kalimpong with 360-degree views of the Himalayas

Day 7/8 – Drive through the Buddhist Sector Bodhgaya and stay in a traditional Tibetan Ashram

Day 9/10/11 – Visit the Holy Hindu town of Varanasi, listen to classical music and practice yoga overlooking the Ganges River

Day 12/13 - Arrive in Agra, the home of the infamous Taj Mahal and experience century old Mogul architecture

Day 14/15 – Finish in the capital city of India, New Delhi and loose yourself in the Old Delhi spice markets and visit Mahatma Gandhi's tomb

Departure Date:

November 20th 2010 – 15 Days

Bookings/Price: \$3'250, inclusive of 3/4 star heritage hotels with breakfast, 1 main meal per day, minimum of 12 yoga classes, private luxury vehicle, A/C sleeper trains, local taxis, Tibetan Ashram stay, boat trips on Ganges River, sightseeing, music events and much more...

For more details phone: 1300 136 849

Email: meredith@tiwaritravel.com

Tiwari Website: www.tiwaritravel.com